Find out more about this task:

a. Objectives:
   - To assess your strengths and weaknesses in English with a self-diagnostic test
   - To learn to use appropriate self-study resources to further improve your chosen skill

b. What to do:
   Go to http://lc.hkbu.edu.hk/sall/english/resource.php → “Test Yourself” for the detailed instructions

c. Suggested time: 1-1.5 hours

Your task:

1. Which ONE of the following skills do you think you will need to further improve? Why?
   - □ Reading    □ Writing    □ Vocabulary    □ Grammar    □ Listening
   because: _________________________________________________________________________________________________

2. Use the “Dialang” self-diagnostic programme (see the “Test Yourself” page for details) to find out your present level score in your chosen skill.
   I have tested myself in:  □ Reading    □ Writing    □ Vocabulary    □ Grammar    □ Listening
   and my present level score in this skill is: __________

3. What advice does the programme give you? Jot down 2-3 key points.
   _________________________________________________________________________________________________
   _________________________________________________________________________________________________

4. What level score do you expect yourself to get in this skill in 3 months’ time? _______________________

5. What specifically do you expect yourself to be able to do better in this chosen skill?
   _________________________________________________________________________________________________
6. Use the Learning Pathways on the “Test Yourself” page to help you choose at least **ONE** suggested resource to improve your chosen skill.
   I want to improve my ______________ by using this resource: ______________________________________________________

7. When you have finished, write down what you have learnt and comment on the usefulness of the resource.

<table>
<thead>
<tr>
<th>Resource chosen</th>
<th>Name of exercise/ chapter</th>
<th>In what way does the resource help you improve your chosen skill?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

8. Do you think your level score reflects your proficiency in that skill accurately? Why or why not?
   ____________________________________________________________________________________________

9. Can you suggest 1-2 other ways to help you further improve your chosen skill?
   ____________________________________________________________________________________________

10. Design a three-month study plan for yourself to continue to improve this skill so that you can reach your expected level score (see Q. 4 above).
    ____________________________________________________________________________________________
    ____________________________________________________________________________________________
    ____________________________________________________________________________________________
    ____________________________________________________________________________________________
    ____________________________________________________________________________________________